



LEAGUE RULES

IHSAA rules will be used with the following exceptions:

Clock: (4) 8-minute qtrs - running clock. Stopped clock inside last 2 minutes of game.

Halftime: 5 minutes

Overtime: 1st OT - 2 minutes with stopped clock. 2nd OT - first point wins.

Pressing: No Pressing.

Goal Height / Ball Size: 8' goal. 27" ball size

Free Throw Line: 12' (player can jump over the line)

Playing Time: 8-player roster: All players will play AT LEAST 20 clock minutes.

7-player roster: All players will play AT LEAST 22 clock minutes.

6-player roster: All players will play AT LEAST 24 clock minutes.

Exceptions: Injury or foul trouble.

Timeouts: 5 timeouts per game (3-30 secs. & 2-60 secs.) - clock stops.

Defense: Man to Man defense ONLY. No steals (from dribble). No double teaming above the free throw line. Double team will be allowed below the free throw line.

Help out rules:

1. A defensive player can only help out on another offensive player who is dribbling the basketball, if that offensive player is clearly ahead of his/her assigned defensive player. If the assigned defensive player "catches up" to his/her offensive player, then the defensive player who has helped out must return to his/her assigned offensive player. If they do not, play will be stopped and the offensive team will be awarded the basketball out of bounds.

2. A defensive player cannot help out on another offensive player who is dribbling the basketball, if the assigned defensive player is beside the offensive player.

3. A defensive player cannot leave his/her assigned offensive player and steal a pass that was intended for an offensive player on the opposite side of the court.

Scorekeeper / Clock Operator: Each team is responsible for 1 scorekeeper or clock operator (2 per game needed).

Bench Personnel: No more than three non-players on the bench.

Signed Waiver: Parent/Guardian must sign waiver & Code of Conduct before player can play first game.

BIG™ LEAGUE RULES

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Goal Height / Ball Size: 9' goal. 28.5" ball size

Free Throw Line: 12' (player can jump over the line)

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- a. The offensive player begins dribbling away from the basket; or
- b. The offensive player has picked up her dribble AND the assigned defensive player is present.

2. After a dead ball, each defensive player must player their pre-assigned player. This means one player CANNOT pick up the basketball coming down the floor regardless of who is dribbling the ball.

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Goal Height / Ball Size: 10' goal. 28.5" ball size

Free Throw Line: 15' (player can jump over the line)

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